



**FORS**  
PROFESSIONAL  
TRAINING, INFORMATION, KNOWLEDGE



# DO YOU DRIVE AN HGV?

THEN YOU NEED TO KNOW THIS...  
**THE FORS SAFE URBAN DRIVING COURSE**

**HOW TO KEEP  
YOURSELF AND  
OTHERS SAFE**

by driving effectively  
and being aware of  
vulnerable road users

**HOW TO DRIVE  
MORE EFFECTIVELY**

by knowing and  
understanding the  
changing environment  
around you

**WHAT IT'S LIKE  
FROM THE  
OTHER SIDE**

experience dangerous  
situations from a  
cyclist's point of view

BOOK YOUR PLACE ON A SAFE URBAN DRIVING COURSE NOW

**[WWW.FORS-ONLINE.ORG.UK](http://WWW.FORS-ONLINE.ORG.UK)**



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# | WHAT IS FORS?

You'll have seen our logo displayed on the trucks and vans of the very best performing transport companies in the UK. That's because FORS is recognised as the premier UK-wide transport industry accreditation scheme. We promote excellence, providing the right training to help you be the best professional driver you can be, making you more employable, safer on the roads and get more done with less hassle. Employers love FORS.

**OUR SAFE URBAN DRIVING (SUD) TRAINING IS FOR PROFESSIONAL HGV DRIVERS OF ALL AGES, ALL QUALIFICATIONS AND ALL BACKGROUNDS** – if you drive an HGV, you will benefit from this training.

What you'll learn...

WHY DRIVING  
SAFELY IS SO  
IMPORTANT

YOUR ROLE AND  
RESPONSIBILITIES

HOW TO AVOID  
COSTLY  
COLLISIONS

HOW TO AVOID  
RISKS AND  
PENALTIES

What to expect...

SUD is delivered in two halves. Classroom training first, then out on the road in a practical cycling module. You will experience a cyclist's view of the road and get to understand both sides. The two modules are delivered on the same day.

SUD is Driver CPC accredited and meets the requirements of the FORS Silver Standard, TfL Work Related Road Risk and CLOCS Standard.

Don't miss out, book your SAFE URBAN DRIVING training now...

Or check [WWW.FORS-ONLINE.ORG.UK](http://WWW.FORS-ONLINE.ORG.UK) to find a course closer to you.